



## **Claire Rich Therapy**

Suite 216 - The Waterhouse Business Centre,  
Cromar Way, Chelmsford, Essex, CM1 2QE

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## **Directions to Claire Rich Therapy**

### **BY CAR:**

Clients driving from Chelmsford Town Centre should stay in the left-hand lane on 'Parkway' as they drive through the viaduct arches, and turn left at the second set of traffic lights into 'Rainsford Lane' which becomes '**Waterhouse Lane**'. The sign post at these traffic lights says:

- A12 (London)
- A1016 (Brentwood / Widford / Writtle)

Once on 'Rainsford Lane' which becomes '**Waterhouse Lane**', go past the Fire Station on the left, past the Texaco Petrol Station on the right, and turn left at the traffic lights beside Homebase and SEH BAC Windows Doors & Conservatories into '**Cromar Way**'. You will see the sign for '**The Waterhouse Business Centre**' at these traffic lights.

Go straight on, past the car park for Homebase and SEH BAC Windows Doors & Conservatories which will be on the left, and after a few seconds you will see some gates on the right leading into '**The Waterhouse Business Centre**'. As you go through the main entrance gates, take the second turning on the left and '**Suite 216**' is about half way down on the left-hand side.

### **Parking**

Clients are welcome to park anywhere on 'The Waterhouse Business Centre' site when they arrive.

Parking permits do not need to be displayed unless visitors intend to stay for much longer than one hour. Some businesses request that people do not park in front of their entrances simply because they receive regular deliveries, please be respectful of these signs.

### **BY BUS:**

Our practice is approximately ten minutes by bus or taxi from Chelmsford Railway and Bus Station.

- From the town centre, go to 'Stand Number 9', opposite the Co-Op Shop in Duke Street, just by the Bus Station.
- Take 'Bus Number 45' and get off at the first stop in Beeches Road which is just off of Waterhouse Lane. You will only be about ten minutes walk away from '**Suite 216**' at '**The Waterhouse Business Centre**' from here.

From the bus stop walk back to the entrance of Beeches Road and turn right back onto '**Waterhouse Lane**'. Walk up to the traffic lights which are just by the Texaco Petrol Station.

Cross over the road here and walk up towards Homebase and SEH BAC Windows Doors and Conservatories on the left. You will see another set of traffic lights in front of you. Turn left at these traffic lights into '**Cromar Way**'.

Walk straight on, past the car park for Homebase and SEH BAC Windows Doors & Conservatories which will be on the left, and after a few minutes you will see some gates on the right leading into '**The Waterhouse Business Centre**'.

As you go through the main entrance gates of '**The Waterhouse Business Centre**', take the second turning on the left and '**Suite 216**' is about half way down on the left-hand side.

### **Bus Timetable**

The Number 45 bus runs every 15 to 20 minutes from Chelmsford Train and Bus Station and the drivers are usually helpful if you do need assistance.

You can obtain a Bus Timetable from the Information Office at the Station.

### **ADDITIONAL INFORMATION:**

These links will help you get directions to the practice from your location depending on whether you are:

- coming on foot (<http://www.streetmap.co.uk/>)
- coming by car (<http://www.rac.co.uk/route-planner/>)
- coming by bus (<http://www.firstgroup.com/ukbus/essex/>)
- coming by train <http://www.nationalexpresseastanglia.com/>

### **Waiting Room and Facilities**

Please note Claire Rich Therapy is not based in the Main Reception Building. We have our own self-contained, luxurious, private office suite with waiting room and access to toilet facilities for your comfort and convenience. Please feel free to come in and wait if you arrive early.

### **Smoking**

The practice is a non-smoking area and clients wishing to smoke are requested to do so outside in the designated areas.

### **Cafe**

There is a Cafe on The Waterhouse Business Centre site called 'TeaGees' which is just on the left as you go through the main entrance gates. The Cafe serves refreshments, snacks and light meals between the hours of 8:00am and 4:00pm Monday to Friday, and also has a pleasant seating area outside where customers can sit when the weather is nice. All clients are welcome to use the Cafe and its facilities if they wish.